

# **Workforce Development Programme**

**Prospectus**

**2023-2024**



### **Adferiad Recovery**

The Workforce Development Program offers a range of free courses fully funded by North Wales Substance Misuse Area Planning Board and Partners. Courses are delivered by Adferiad Recovery Learning and Development Team. Courses are free to all organisations across the six North Wales counties.

Adferiad Recovery combines the skills and expertise of its founding charities to provide outstanding services for people in Wales with mental health problems, substance use problems and those with co-occurring and complex needs.

All our training is delivered in a relaxed environment where people can feel at ease to ask any questions that they may have. Courses are delivered by qualified trainers who are also practitioners with current firsthand knowledge of the topic that they are delivering. Helping to ensure participants have the most up to date knowledge and skills to enable them to feel confident and competent in their roles. In turn, enhancing the information, advice and support delivered to individual's needs.

This prospectus provides information of all up and coming courses and how to book on them. If you would like any additional information, please don't hesitate to contact our team at [training@adferiad.org](mailto:training@adferiad.org)

## Courses

- Introduction to Substance Use
- Introduction to Substance Use - Children and Young People
- Level 2 Accredited Substance Use Awareness (two days)
- Introduction to Relapse Prevention
- Level 2 Accredited Minimising Substance Use (two days)
- Alcohol Brief Interventions - Children and Young People
- Alcohol Awareness and Family Support for Professionals
- Alcohol Related Brain Damage
- Drugs and Trends
- Benzodiazepines
- Ketamine
- Cannabis
- Inhalants - Children and Young People
- Vaping - Children and Young People
- Adverse Childhood Experiences
- Co-occurring and Multiple Needs - Children and Young People
- Co-occurring and Multiple Needs
- Motivational Interviewing
- Personality Disorder
- Self-Neglect
- Suicide Awareness
- Self-Injury Awareness
- Partnership Working
- Drugs and Alcohol in the Workplace
- Staff Wellbeing

## Introduction to Substance Use

This half day introductory session is tailored specifically for non-substance use professionals who may work with individuals who have substance use issues or are at risk of using substances.

### Learning Objectives:

On completion of this course, participants will have:

- An awareness of substance use/risk of substance use
- Awareness of vulnerability to substance use
- Awareness of basic harm reduction approaches
- Knowledge of signposting
- Basic tools for effective early intervention
- An increased confidence in dealing with a substance use incident

**Please follow Microsoft Teams Links provided next to each date to book your space.**

Please note Microsoft Teams event registration follows American date system (Month/Day/Year) so it will look different from dates below

Date	Time	Booking Link
03/07/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
10/07/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
25/07/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
07/08/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
14/08/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
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18/09/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
26/09/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
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16/10/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
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01/03/2024	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
08/03/2024	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
15/03/2024	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>

## **Introduction to Substance Use – Young People**

This three-hour online interactive introductory session is tailored specifically for non-substance use professionals who may work with young people who have substance use issues or are at risk of using substances.

### **Learning Objectives:**

On completion of this course, participants will have:

- An awareness of substance use among young people
- The ability to identify some key substances young people use and their risks
- An understanding of the vulnerabilities to substance use
- A basic knowledge of harm reduction approaches
- Knowledge of organisations who can support young people in North Wales

**Please follow Microsoft Teams Links provided next to each date to book your space.**

Please note Microsoft Teams event registration follows American date system (Month/Day/Year) so it will look different from dates below

<b>Date</b>	<b>Time</b>	<b>Booking Link</b>
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02/10/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
12/10/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
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16/02/2024	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
22/02/2024	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
27/02/2024	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
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11/03/2023	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
18/03/2024	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>
22/03/2024	09:30 – 12:30	<a href="#">Microsoft Teams Booking</a>

**Level 2 Accredited - Substance Use Awareness (2-day course)**

This course will increase awareness of the fundamental principles associated with the recognition and management of drug and alcohol use for those who work within the substance use sector across the six counties of North Wales, including workers that are peripherally or indirectly involved, such as teachers, police force and housing workers.

**Learning Objectives:**

On completion of this course, participants will have a knowledge of:

- UK Drug and Alcohol Laws
- The physical and psychological impacts of drugs and alcohol and use
- Risks of polydrug use
- Harm reduction approaches and tools
- Treatment options available to people who use drugs and alcohol
- Appropriate support agencies available for people who use drugs and alcohol in North Wales
- How to offer choices and empower people who use drugs and alcohol.

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

Date DAY 1	Date DAY 2	Time	Delivery Method
04/07/2023	05/07/2023	09:30 – 16:30	Zoom
20/07/2023	27/07/2023	09:30 – 16:30	Zoom
10/08/2023	17/08/2023	09:30 – 16:30	Zoom
11/08/2023	18/08/2023	09:30 – 16:30	Microsoft Teams
24/08/2023	25/08/2023	09:30 – 16:30	Microsoft Teams
08/09/2023	15/09/2023	09:30 – 16:30	Microsoft Teams
20/09/2023	27/09/2023	09:30 – 16:30	Zoom
05/10/2023	06/10/2023	09:30 – 16:30	Microsoft Teams
17/10/2023	18/10/2023	09:30 – 16:30	Zoom
27/10/2023	03/11/2023	09:30 – 16:30	Microsoft Teams
16/11/2023	23/11/2023	09:30 – 16:30	Zoom
17/11/2023	24/11/2023	09:30 – 16:30	Microsoft Teams
30/11/2023	01/12/2023	09:30 – 16:30	Microsoft Teams
06/12/2023	13/12/2023	09:30 – 16:30	Zoom
15/12/2023	22/12/2023	09:30 – 16:30	Microsoft Teams
10/01/2024	17/01/2024	09:30 – 16:30	Zoom
25/01/2024	26/01/2024	09:30 – 16:30	Microsoft Teams
06/02/2024	07/02/2024	09:30 – 16:30	Zoom
21/02/2024	28/02/2024	09:30 – 16:30	Zoom
26/02/2024	04/03/2024	09:30 – 16:30	Microsoft Teams
14/03/2024	21/03/2024	09:30 – 16:30	Zoom

## **Introduction to Relapse Prevention**

This half day course introduces participants to some of the core principles of relapse prevention when supporting individuals to maintain positive behaviour change.

### **Learning Objectives:**

On completion of this course, participants will:

- Learn about the cycle of change
- Understand what is meant by the terms lapse, relapse and relapse prevention
- Recognise early warning signs of lapse/relapse

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
26/10/2023	09:30 – 16:00	ZOOM
02/02/2024	09:30 – 16:00	Microsoft Teams

## **Level 2 Accredited - How to Minimise Substance Use (2-day course)**

This 2-day accredited course gives learners the skills to support substance users to minimise substance use and acquire strategies to maintain healthy behaviour change.

### **Learning Objectives:**

On completion of this course, participants will:

- Understand the Cycle of Change and recognise their own position on the cycle
- Understand the difference between lapses and relapses and learn some strategies to manage these
- Identify and recognise early warning signs of lapse and relapses
- Become aware of techniques to reduce anxiety and improve assertiveness as well as problem solving strategies
- Be able to develop person centered relapse prevention plans

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date DAY 1</b>	<b>Date DAY 2</b>	<b>Time</b>	<b>Delivery Method</b>
06/09/2023	07/09/2023	09:30 – 16:30	Zoom
07/12/2023	08/12/2023	09:30 – 16:30	Teams
06/03/2024	07/03/2024	09:30 – 16:30	Zoom



## **Alcohol Brief Interventions - Children and Young People**

This half day session gives an overview of how to use Alcohol Brief Interventions (ABI) with children and young people (11 to 24 years of age).

### **Learning Objectives:**

On completion of this course, participants will have:

- An understanding of how children and young people use alcohol
- An understanding of how to adapt communication styles to meet the support needs of specific ages groups (<18s and 18 to 24-year-olds)
- An understanding of the benefits of brief interventions for alcohol use
- Some alcohol brief interventions and confidence to apply them

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
18/12/2023	09:30 – 12:30	Microsoft Teams
30/01/2024	09:30 – 12:30	Zoom

**Alcohol Awareness and Family Support for Professionals**  
**Including Brief Interventions**

This full day course is aimed at professionals who support individuals and/or family members affected by alcohol use. The course looks at risks of alcohol use and provides brief interventions to reduce harm to people with problematic alcohol use and their families.

**Learning Objectives:**

On completion of this course, participants will:

- Develop knowledge of the effects of alcohol use/misuse on physical and mental health
- Broaden awareness of the risks and impacts alcohol misuse has on families
- Raise awareness of the effects of alcohol withdrawal
- Identify interventions and increase confidence on how to use them
- Explore a range of support services available for families and support workers

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
14/11/2023	09:30 – 16:00	ZOOM

## **Alcohol Related Brain Damage**

This half day course introduces participants to Alcohol Related Brain Damage, provides an understanding of how different forms of ARBD affect individuals and how to reduce the harms for someone who uses alcohol and presents with some indicators of ARBD.

### **Learning Objectives:**

On completion of this course, participants will:

- Recognise some of the signs and symptoms of ARBD
- Identify some of the barriers that people who may have ARBD face
- Understand how ARBD can affect an individual's capacity
- Develop some harm reduction techniques to support individuals who may experience ARBD

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
09/08/2023	09:30 – 12:30	Microsoft Teams
27/11/2023	09:30 – 12:30	Microsoft Teams

## **Drugs and Trends**

This course looks at the common drugs used in North Wales and the existing and emerging trends. The course also takes a general look at the UK as a whole and discusses factors that may be impacting the increase of drug use.

### **Learning Objectives:**

On completion of this course, participants will have an increased understanding of:

- Common drugs used in North Wales
- New and emerging trends and drug use changes
- Factors contributing to the increase in drug use
- Harm reduction tools
- Explore and support service available across North Wales.

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
17/07/2023	09:30 – 16:00	ZOOM
12/01/2024	09:30 – 16:00	Microsoft Teams

## **Benzodiazepines**

This half day course introduces participants to Benzodiazepine family of drugs outlining some of the risks associated with this type of substance use and interventions to reduce harm.

### **Learning Objectives:**

By attending this session, participants will have an increased understanding of:

- What Benzodiazepines are
- Prescribed and 'street' benzodiazepines
- The signs and symptoms benzodiazepine use
- Long- and short-term effects of benzodiazepine use
- Benzodiazepine dependency and withdrawal
- The risks of concurrent use of benzodiazepines and other substances
- Appropriate harm reduction advice

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
23/01/2024	09:30 – 12:30	ZOOM

## Ketamine

This half day course introduces participants to Ketamine use, outlining some of the risks associated with use of dissociative substances and interventions to minimize harm.

### Learning Objectives:

By attending this session, participants will have an increased understanding of:

- What ketamine is
- How ketamine is used and by whom
- The signs and symptoms of ketamine use.
- Long- and short-term impact of ketamine use, including Ketamine Bladder Syndrome.
- Risks of ketamine and concurrent use of other substances
- Appropriate harm reduction advice

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

Date	Time	Delivery Method
12/07/2023	09:30 – 12:30	Microsoft Teams
12/12/2023	09:30 – 12:30	Zoom

## **Cannabis**

This half day course looks at cannabis use in adults and young people.

### **Learning Objectives:**

By attending this session, participants will have an increased understanding of:

- What cannabis is and the active ingredients in the cannabis plant
- How cannabis is used and by whom
- The signs and symptoms of cannabis use
- The short- and long-term impact of cannabis use on mental health
- Appropriate harm reduction advice

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
24/07/2023	09:30 – 12:30	Zoom

## **Inhalants - Children and Young People**

This half day course looks at inhalant use and concentrates on young people.

### **Learning Objectives:**

On completion of this course, participants will have a greater understanding of:

- What inhalants are including solvents and Nitrous Oxide
- Common inhalants used by children and young people
- The signs and symptoms of inhalant use
- The risks associated with inhalant use
- How to discuss inhalant use with children and young people
- Appropriate harm reduction advice
- Organisations who can support children and young people who use inhalants

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
19/01/2024	09:30 – 12:30	Microsoft Teams



## **Vaping - Children and Young People**

This half day course is for anyone who has contact with young people in a personal or professional capacity. The session looks at electronic cigarettes and cigarette smoking trends among young people.

### **Learning Objectives:**

On completion of this course, participants will have a greater understanding of:

- Types of e-cigarettes
- What's in a vape and how vaping affects physical health
- Nicotine dependence and withdrawal
- How to talk to children and young people about vaping
- How to dispel myths about vaping
- How to reduce harms associated with vaping
- How to develop child/young person centred peer pressure response plans

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
08/08/2023	09.30 – 12.30	Zoom
15/11/2023	09.30 – 12.30	Zoom
07/02/2024	09:30 – 12:30	Microsoft Teams

## **Adverse Childhood Experiences (ACEs)**

This half day course introduces participants to Adverse Childhood Experiences (ACEs) and their impact on childhood brain development and adult mental health.

### **Learning Objectives:**

On completion of this course, participants will:

- Understand what Adverse Childhood Experiences (ACEs) are
- Understand the impact of ACEs on a child's development
- Have an awareness of toxic stress and its impacts
- Be able to identify the importance of protective factors
- Explore the 7 Cs of Resilience
- Explore the TrACE toolkit

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<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
07/07/2023	09:30 – 13:30	Microsoft Teams
03/10/2023	09:15 – 13:15	ZOOM
21/11/2023	09:30 – 13:30	Microsoft Teams
11/01/2024	09:15 – 13:15	ZOOM
20/03/2024	09:30 – 13:30	Microsoft Teams

## **Co-Occurring and Multiple Needs - Children and Young People**

The aim of this training is to provide participants with an insight and understanding of the complex relationship between mental health and drug and alcohol use in young people. The course will provide practical advice on how to approach and discuss this sensitive topic in a way that children and young people can relate to.

### **Learning Objectives:**

On completion of this course, participants will:

- Understand what is meant by co-occurring and multiple Needs
- Examine the effects that substance use can have on children and young people's development.
- Explore the relationship between mental health and substance use in children and young people
- Understand how to adapt communication style to meet the needs of children and young people
- Understand the barriers faced by children and young people with co-occurring needs
- Explore what support and guidance is available for children and young people

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
10/07/2023	09:30 – 4pm	Microsoft Teams

## **Co-occurring and Multiple Needs**

The aim of this training is to provide participants with an insight and understanding of the complex relationship between mental health and drug and alcohol use.

### **Learning Objectives:**

On completion of this course, participants will:

- Understand what is meant by Co-Occurring and Multiple Needs
- Develop an awareness of the relationship between mental health and substance use
- Understand some of the effects that substance use can have on mental illness
- Understand the barriers faced by people with Co-Occurring Needs.
- Have an awareness of the substances used by people to deal with mental health issues
- Explore what support and guidance is available

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
10/11/2023	09:30 – 16:00	Microsoft Teams

## **Motivational Interviewing**

This course will introduce participants to the principles and strategies of Motivational Interviewing. Participants will be able to recognise resistance and develop skills to work with ambivalence in health-related behaviours.

### **Learning Objectives:**

On completion of this course, participants will:

- Understand the concept of motivation
- Have the ability to relate motivation to a model of behavioural change
- Develop the skills to discuss behaviour change and understand ambivalence
- Understand how to implement appropriate interventions when working with clients who are resistant to change

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
13/07/2023	09:30 – 16:00	Microsoft Teams
17/01/2024	09:30 – 16:00	Microsoft Teams

## **Personality Disorder**

This course provides an insight into personality disorders and highlights factors to consider when working with individuals who have a personality disorder diagnosis.

### **Learning Objectives:**

On completion of this course, participants will understand:

- What a personality disorder is
- How/when does a personality become 'disordered?'
- What are the risk factors in childhood history that can contribute to personality disorder
- What are the common signs of personality disorders
- Co-occurring needs often associated with personality disorders - mental ill health, substance use, self-injury, etc.
- How a diagnosis is made and treatment options available

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
06/07/2023	09:30 – 16:00	ZOOM
07/11/2023	09:30 – 16:00	ZOOM

## **Self-Neglect**

This full day course looks in detail at self-neglect, common causes of self-neglect

### **Learning Objectives:**

On completion of this course, participants will have a greater awareness of:

- What self-neglect is
- The difference between intentional and non-intentional self-neglect
- What causes self-neglect
- Risk and capacity assessments
- What are hoarding behaviours and the links with self neglect
- How to respond to self-neglect and interventions to support those who self-neglect
- Signposting organisations who can support individuals who self-neglect

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
21/09/2023	09:30 – 16:00	Microsoft Teams
04/12/2023	09:30 – 16:00	ZOOM

## Suicide Awareness

This half day training provides participants with an awareness of suicide and a range of approaches to understand and manage suicidal thoughts and behaviours.

### Learning Objectives:

On completion of this course, participants will have:

- Definition of suicide
- Myths, statistics, and terminology surrounding suicide
- Risk factors and warning signs
- Interventions and non-judgmental listening
- Linking those with suicidal thoughts with people who can help
- An increased confidence of how to talk about suicide

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

Date	Time	Delivery Method
09/10/2023	09:15 – 13:15	ZOOM
10/01/2024	09:30 – 13:30	Microsoft Teams



## **Self-Injury Awareness**

This half day training provides participants with an awareness of self-injury and a range of approaches to understand and manage self-injuring behaviours.

### **Learning Objectives:**

On completion of this course, participants will have:

- An awareness of self-injury
- Understand the difference between self-harm and self-injury
- An understanding of how to recognise warning signs and symptoms of self-injury
- An increased confidence of how to talk about self-injury
- An increased knowledge of some distraction techniques and harm reduction measures

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
31/01/2024	09:30 – 13:30	Microsoft Teams

## **Partnership Working**

This half day training provides participants with an awareness of how to work in partnership with multiple agencies to holistically support individuals with multiple, co-occurring needs. It gives learners the ability to understand seamless care for individuals who may need to access more than one service

### **Learning Objectives:**

On completion of this course, participants will:

- Understand how holistic support helps people achieve better outcomes
- Become aware of the Social Services and Well-being Act Wales and the Welsh Government Framework for Treatment of People with Co-occurring Mental Health and Substance Use Problem
- How to work together to deliver continuity of care for individuals accessing services
- How to work together to reduce challenges on our limited resources whilst providing a high quality service

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
13/09/2023	09:30 – 13:30	Microsoft Teams
01/11/2023	09:30 – 13:30	Zoom
12/02/2024	09:30 – 13:30	Microsoft Teams

## **Drugs and Alcohol in the Workplace**

This half day training provides participants with an awareness of drug and/or alcohol use by workforce.

### **Learning Objectives:**

On completion of this course, participants will be aware of:

- The prevalence of drug and alcohol use in the workplace
- The risks and legal implications of staff using/being under the influence of drugs and/or alcohol in the workplace
- How to understand and support coworkers who use/are under the influence of drugs and alcohol in the workplace

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
28/09/2023	09:30 – 13:30	Microsoft Teams

## **Staff Wellbeing**

This course is designed for Managers, Supervisors and Team Leaders to provide them with the skills and knowledge to help support their team members.

### **Learning Objectives**

On completion of this course, participants will:

- Have an awareness of the importance of staff wellbeing.
- Have an understanding of how to support staff with workplace stress and anxiety.
- Have an improved knowledge of drugs and alcohol in the workplace
- Have an understanding of ways to support staff returning to work following absence
- Have an understanding of the importance of the benefits of regular supervision

Please contact [training@adferiad.org](mailto:training@adferiad.org) to book your space.

<b>Date</b>	<b>Time</b>	<b>Delivery Method</b>
13/10/2023	09:30 – 12:30	Microsoft Teams
15/01/2024	09:30 – 12:30	ZOOM



**Workforce Development Programme Booking Form**  
In collaboration with the North Wales Substance Misuse Workforce Development  
Training Group

**Course Details**

I wish to enrol for the following course:

which is to be held on  
(please state preferred date):

at (please state venue):

Please state any special needs and/or dietary requirements (include any support materials needed):

Preferred language:       English       Welsh       Bilingual

**Delegate Details**

Name (BLOCK CAPITALS):

Job Title:

Tel:

Email:

**NB:** Confirmation of your place on the course will be sent by email. Please ensure you print this clearly to reduce any delay.

**Organisation Details**

Name of Company or Organisation:

Address

Post code

Tel.

Fax.

Please send this completed booking form to [training@adferiad.org](mailto:training@adferiad.org)

## ADDITIONAL NEEDS

Adferiad aims for our courses to be fully inclusive, and we can make adjustments at the request of learners. We need this information prior to the start of the course in order to plan delivery to meet your needs.

What are your experiences of substance misuse in your area of practice? Please include an explanation and rating of the extent of your own knowledge, where 1 = little knowledge, and 5 = expertise in the sector.

Why do you want to attend the course?

Is there a particular area of focus that would benefit your professional practice?

Do your clients have any emerging needs in relation to substance misuse?

What age group do you work with?

Do you require additional support to participate in this course? e.g. a paper colour other than white, materials in large print. Please specify:

Do you require materials in Welsh?



## ADFERIAD RECOVERY

Bodloni anghenion pobl sy'n  
agored i niwed sy'n wynebu  
heriau bywyd cymhleth

Meeting the needs of vulnerable  
peoplefacing complex life  
challenges

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Pencadlys / Head Office Tŷ Dafydd Alun  
36 Rhodfa'r Tywysog / 36 Princes Drive  
Bae Colwyn / Colwyn Bay  
Conwy LL29 8LA

Ffôn / Tel: 01792 816600  
Ebst / Email: [info@adferiad.org.uk](mailto:info@adferiad.org.uk)

Wefan / Web: [adferiad.org.uk](http://adferiad.org.uk)

**Guarantee. Charity number: 1039386**